



BON SECOURS ARTS AND SCIENCE COLLEGE FOR WOMEN.



(Affiliated to Mother Teresa University, Kodaikanal)

Madurai main road, Begampur (PO), Dindigul – 624 002.

YOUTH RED CROSS

AWARENESS PROGRAMME – REPORT

The Youth Red Cross organized an Awareness programme on “**Pad Free Periods (Menstrual Cup Awareness & Distribution Seminar)**” on 20th March 2024. The programme commenced with a prayer song. Then welcome address was given our college's YRC Coordinator. Dr.A.Susila Mary, Indian Red Cross Society Dindigul District was the chief guest and was honored by Rev. Sr. Amali Pushpam, vice principal of our college. The Chief Guest delivered an elaborated talk on Menstrual Cup and how to use. She advised the students to use menstrual cups instead of napkins to prevent infections. Our students found the session was very beneficial. Following that, 88 out of 125 students received complimentary menstrual cups worth Rs.1000 from the chief guest. Finally, the vote of thanks was given by one of our student YRC member, With the National Anthem the program came to an end.

Enclosures:

1. Photos

PHOTOS:

